



Rainbow Rabbit

GRADE 1

Grade 1 Lesson 5 – Living in Harmony

Learning Goal: Students will learn that everyone is special and everyone should be treated equally. Students will be able to identify bullying actions, speech, and behaviors that hurt someone else’s feelings. In addition, students will be able to display kindness or helpful behaviors to create a world of harmony.

Materials required:

Rainbow Rabbit plush toy
Rainbow Rabbit storybook by Arthur Vallee
Timer, buzzer, or bell

Time required:

15 minutes

Learning Objective(s):

Students will be able to:

- 1.) Identify behaviors that are kind and helpful.
- 2.) Connect being kind and helpful to others as a way to make themselves and others feel good.

Vocabulary Words:

Mission – a very important duty
Promise – a statement telling someone that you will definitely do something

Learning Activity: Teacher will hold up Rainbow Rabbit and the book, Rainbow Rabbit. Teacher will ask students to think about Rainbow Rabbit’s story and provide examples of bullying behaviors. The teacher will provide an opportunity for the students to share their own experiences of when they witnessed bullying behaviors (no names allowed).

The teacher will ask the students:

- 1.) Who wants to become Rainbow Rabbit’s friend?
- 2.) Next to become Rainbow Rabbit’s friend, you have to promise to continue his mission of being a thoughtful and caring friend.
- 3.) Blink your eyes, if you can make this promise.

Learning Assignment: Students will sit in a circle to play the game. The students will pass Rainbow Rabbit around the circle. When the teacher rings a bell or a buzzer/timer goes off, the students will stop passing Rainbow Rabbit around. Then the students will turn to the student to the right of them, and tell the student one way they are going to be a thoughtful and caring friend. The teacher will begin the game again, and the students will stop passing Rainbow Rabbit around when they hear the bell or buzzer/timer go off again. When it stops again, students will turn to the student to the left of them and tell them another way they are going to be a thoughtful and caring friend.

Formative Assessment: Teacher will listen to the students’ comments to each other to ensure they understand actions that show they are being a thoughtful and caring friend.